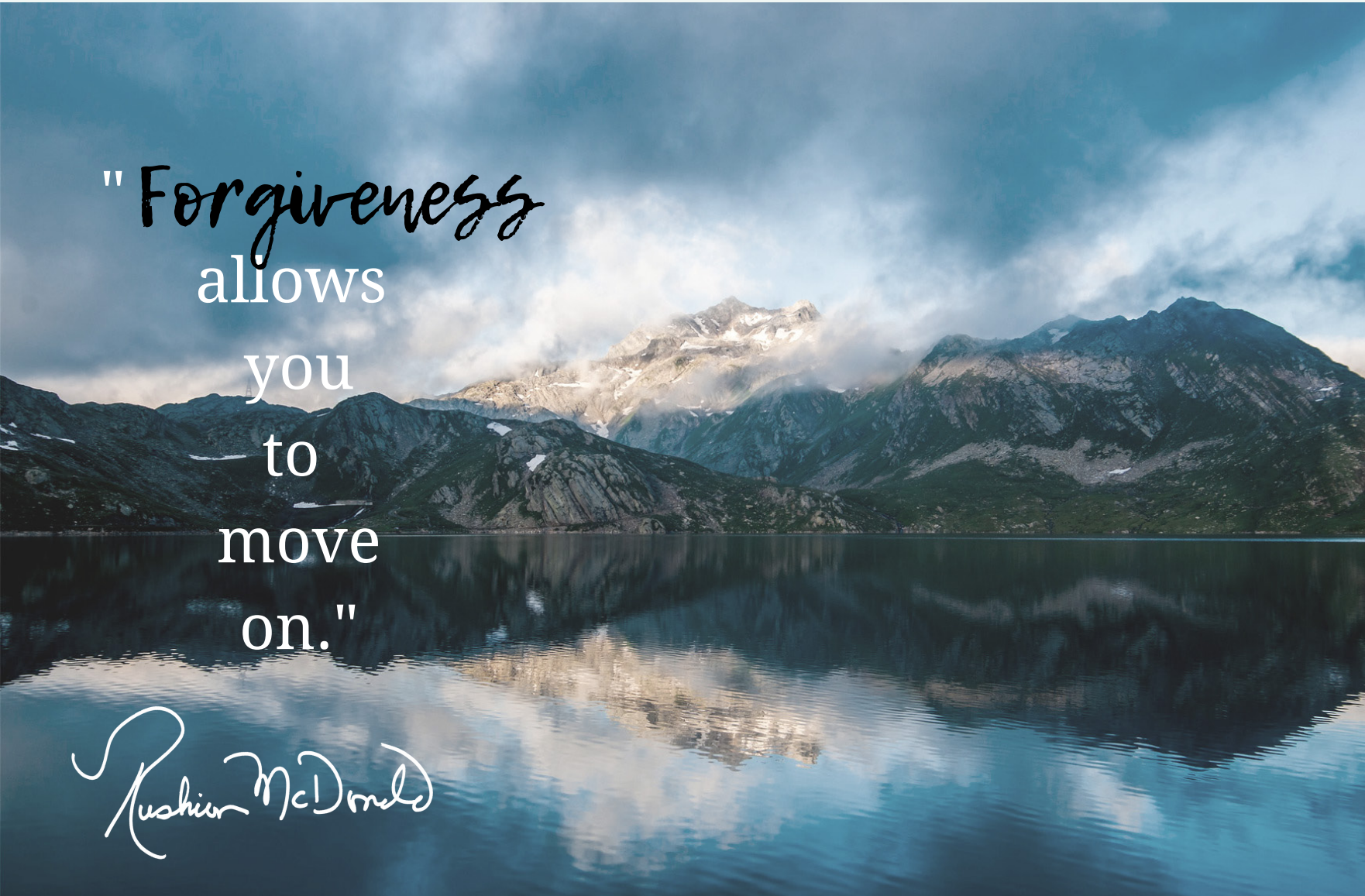


JANUARY 2019



"*Forgiveness*
allows
you
to
move
on."

Rushion McDonald

S	M	T	W	T	F	S
		01	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FEBRUARY 2019



"Your level of **SUCCESS**
is based on your
efforts."

Rushier McDonald

S	M	T	W	T	F	S
					01	02
03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

MARCH 2019

**"Don't let other people set
your standards."**

Rushion McDonald



S	M	T	W	T	F	S
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03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

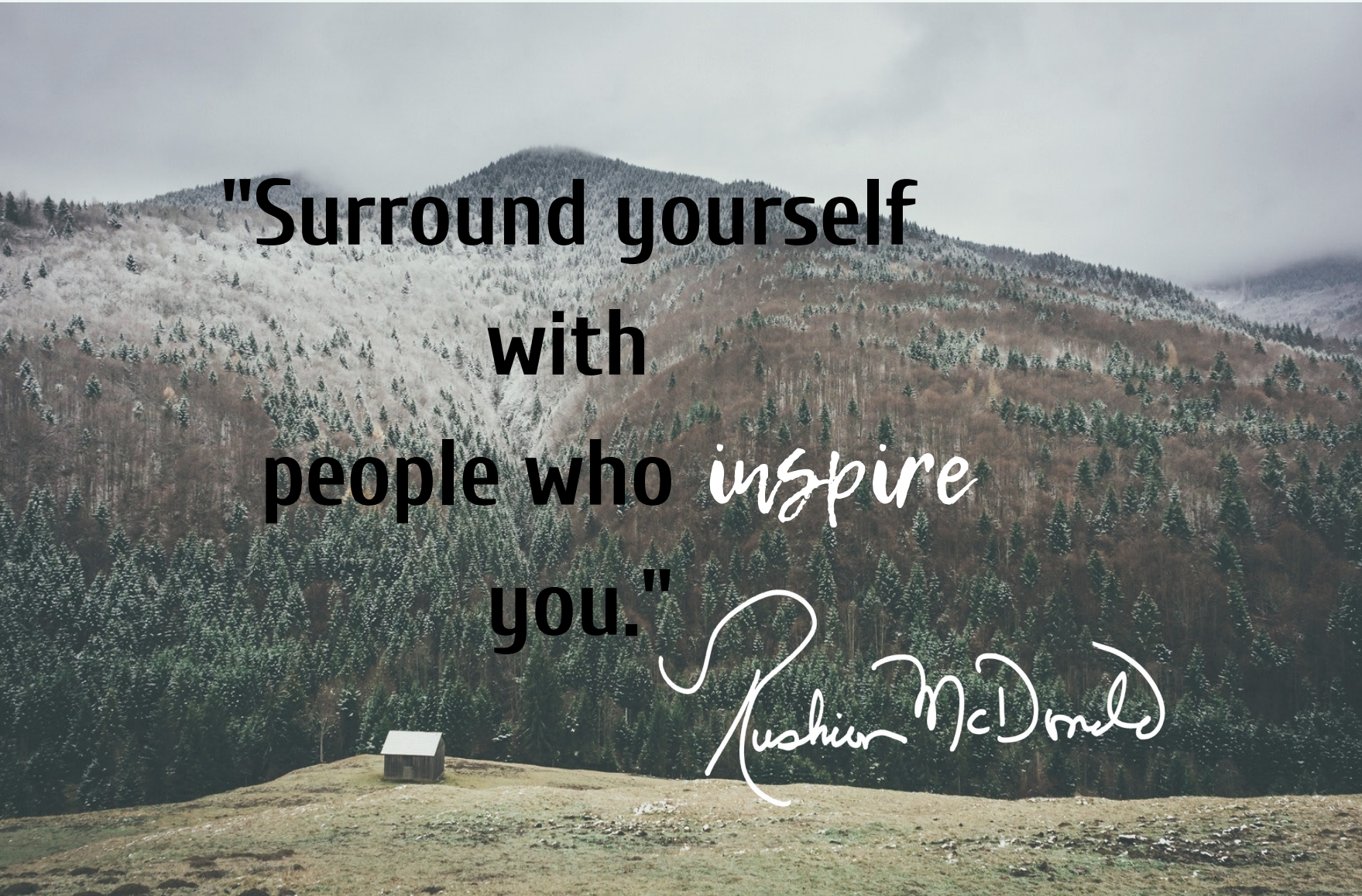
APRIL 2019

*"Your positive Spirit will lead
to ultimate victory."*

Rushion McDonald

S	M	T	W	T	F	S
	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY 2019



"Surround yourself
with
people who *inspire*
you."

Rushion McDonald

S	M	T	W	T	F	S
			01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE 2019

**"Hope is not
*a Plan.***

**A Plan is a
plan."**

Rushion McDonald

S	M	T	W	T	F	S
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02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JULY 2019

"Giving up is **easy**.
Don't stand in a line
without **goals**."

Rushion McDonald

S	M	T	W	T	F	S
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07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

AUGUST 2019

**"OVERCOMING FEAR
IS A
PART OF BEING
SUCCESSFUL."**

Rushier McDonald

S	M	T	W	T	F	S
				01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER 2019

"Don't let the **fear**
of rejection and failure
get in the way of your **success**."

Rushier McDonald

S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER 2019

*"Learn your **craft**
and know how you
became **successful** .
Because when you
stumble,
you can get back **up** ."*

Rushion McDonald

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		01	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER 2019

"Don't keep
what is
bothering you
a secret.

***It can lead to
resentment."***

Rushion McDonald

S	M	T	W	T	F	S
					01	02
03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER 2019

"HAPPINESS

is tied to a
Balanced Life."

Rushier McDonda

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08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				